



## The Numbers Game

**U6, u8, u10, numbers game, soccer drill, fun soccer drill, free soccer drill, youth soccer drill, dribbling, fitness, attacking**

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### Drill Objective:

This drill focuses on the 1v1 situational play for younger players. This focuses on the individual dynamics of this game such as dribbling, shooting, shielding, turning and beating an opponent.

### Drill Setup:

Create a small 1v1 field approximately 15X20 with two small goals on each endline. Split the group into two even teams and assign a number to each player in each group. For instance if you have 5 players in each group, number off 1-5 in each group. One group should wear alternate jerseys.



### Drill Instructions:

The coach will play a ball into the area and call out a number. Those players must then sprint onto the field and play a 1v1. The game should continue until a goal is scored or the ball goes out of bounds.

### Drill Coaching Points:

- Encourage players to take on their opponent.
- Encourage players to shoot when they have a chance of a goal.
- Instruct the players to protect the ball when necessary.

### Drill Variations

- Have more than one 1v1 going at the same time.
- Call out two or more numbers to create a 2v2 or 3v3.

Titled: [The Numbers Game](#)

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